

Usain Bolt could not get across that street in the time allowed

Usain Bolt, Jamaican sprinter and Olympic champion as well as world record holder in the 100m and 200m, has run the 100m in 9.69 seconds and the 200m in a little less than twice that time - 19.30 seconds.

He is, at this moment, the "World's Fastest Man."

A meter is 39.37" - 1.094 yards.

100m, then, is 3937" - or a bit more than 109 yards, about 328 feet.

Bolt can run 50m in about 4.9 seconds (half his time for the 100m plus a tad). In five seconds, then, the Fastest Man in the World can run about 50m (54.7 yards, 164 feet). He can run that distance in about five seconds.

The traffic light at I-180 (Hwy 287, South Greeley Hwy and a number of other names) and Fifth Street on Cheyenne's southside provides a "Walk" sign for less than five seconds. It then goes to a flashing hand. That is supposed to mean, "don't walk" or "don't begin to walk across," or "get the hell out of the intersection."

In that vicinity, there are a number of homes east of the four-lane (five where there is a left turn lane to go east on Fifth St.) road and there are a number of businesses on what some consider a "frontage" road west of I-180 but what is really Central Avenue down here. Those businesses include popular restaurants Diamond Horseshoe and Los Amigos and equally popular bars The Lamp Lounge and Keg 'n Kork. B&B Appliance and an auto parts store are also nearby.

In an age where few walk anywhere, many still do from east of I-180 to those businesses. So, several people have to cross I-180. In the middle of the block, there is a pedestrian foot bridge. But pedestrians are also allowed to cross at the lights (5th St. and 9th St.) or else they wouldn't have buttons to push to activate a "Walk" sign. Pedestrians at the intersection challenge traffic traveling 50-60 mph on the posted 40 mph roadway.

You talk about a place where the rubber meets the road, this crossing at 5th St. fits that description to a "t."

If the pedestrian wanting to cross I-180 doesn't have his/her feet in the blocks, awaiting the "Walk" light, they can't even get to the center of the five lanes before the light begins to angrily flash - indicating they shouldn't be in the crosswalk.

A complaint was recently called to the Cheyenne Herald by a man who said no one else would listen or do anything about the dangerous situation. He informed me that another man had been struck in the crosswalk and the motorist let him lie on the shoulder and fled. He also talked about what he believes is becoming "one of the most inconsiderate-to-pedestrians" cities in the country. As many of us have, he has lived in cities much larger than Cheyenne where, if a pedestrian tries to cross the street, with or without the light, you better stomp on the brakes to allow passage or you'll be facing da judge. Signs in Cheyenne say something about not turning right on red if there are pedestrians in the crosswalk but that seems to serve as motivation to turn anyway - regardless if someone is in the crosswalk.

A couple days before writing this story, I saw three young children, about 8-10 years old - two boys and a girl. They were at this intersection (5th and I-180) and impatiently and repeatedly pushing the button which was supposed to activate a "Walk" sign when the cycle was up. I was in a car - third one from the light, preparing to turn toward downtown (north) - and I counted the seconds allowed for these children to get across the highway. They ran as soon as the light changed and they saw the "Walk" signal. The "Walk" appeared for about 4-5 seconds. The children were in the middle of the highway when the flashing hand came on. They had made it about half way across I-180 **with** the light, **RUNNING!**, and had they obeyed the flashing hand, they would have been stranded in the center of the roadway, in the way of traffic turning left, easterly onto 5th St., and in the bullseye for north- and south-bound traffic on I-180 - doing about 50 mph.



Quiet city ahead.

Do we really want to be known as one of the country's "most quiet cities?" Couldn't quiet be interpreted as "nothing going on," "dull," "boring?" Will we have to add to our "Welcome" signs "Nothin' going on here, pardner?" "Can you imagine how our tourism folks will have to contend with an image of "quiet?"

On brochures sent out by the Visitors Bureau, we can boast: "Yes, we are the second most quiet city in the United States. That is, of course, if you don't take into account our plane noise, train tracks and the attendant trains everywhere you turn, and helicopters overhead day and night." Thump, thump, thump.

It's pretty hard to eliminate noise from airplanes, though, what with the airport smack dab in the middle of town. And those roaring sounds in the middle of the night come as a result of our recruiting a failing commuter airline from Spencer, Iowa to create a maintenance hub (that we paid for) for their noisy little 13 passenger pretend "airplanes."

Motor traffic is pretty quiet because we don't have anybody here. "Anybody," is going a bit too far. We have a few people here. More were supposed to move here from Fort Collins with a helicopter operation but they didn't like what they say and moved back to northern Colorado. Probably too quiet here. Just a guess.

What the hell could Men's Health Magazine know about how quiet or how loud

any city in the United States is - with the exception of the town from which they publish? Aren't they supposed to publish articles frightening to Americans about how fat we are, how lazy we've become, why we strike out with the ladies and then tell us how we can subscribe to their magazine?

Wouldn't it be better for Cheyenne to be recognized as the second most vibrant city in the US, the second most "with-it" city in the US, or the second most "things to do and make noise" city in the US?

What is to be gained by being dubbed by an uninformed magazine as one of the nation's most undesirable cities? A "quiet" city. The magazine's website announces its specialties as "fitness, nutrition, sexuality, lifestyle and other aspects of men's life and health."

Where does "quiet" fit in?

A magazine published in Emmaus, Pennsylvania has its own hands full. Emmaus? How quiet is Emmaus? Probably very quiet. Except for its "sexuality." **eh-MAY-us**. 2.9 sq. miles.

WNU former students lawsuit

Sixty-seven former students of Warren National University and its predecessor in name, Kennedy-Western University, have filed a lawsuit in Laramie County District Court against the unaccredited diploma mills (WNU and K-WU), three individuals involved with the operation of one or both, and the Travelers Casualty and Assurance Company of America.

The lead plaintiff in the lawsuit is Fred Bristow of Colorado Springs and he is joined by 66 others from 27 different states, the District of Columbia and Canada. The filing was made in Cheyenne on Friday, June 5, 2009 and the 23 page lawsuit can be read in its entirety on the Cheyenne Herald website.

To say that the founder of Kennedy-Western University and others have reached an ignominious end is an understatement. The money-changers who raked in \$23,117,1810 (23 million dollars+) a year in 2003 now use a rented mail drop (and try to make it look like an office address on their website) in a packing and shipping store in Fort Collins to continue to receive money. How they are providing transcripts with no state license, registration or accreditation can be dealt with by others and on another day.

But, how far the mighty have fallen! It seems like only yesterday Kennedy-Western University was being exposed in a U.S. Senate hearing and now they duck in and out of a fairly remote mail drop location, gathering the remaining

crumbs that are out there for them.

Claims against the defendants include, basically, that selling unaccredited degrees amounts to theft. Worthless paper. That is what I've said here for four years. Unfortunately, most of the degree sellers, diploma mills if you prefer, have not had to violate any laws to run their game. Of the ones I'm familiar with, only Lacrosse University (the Cheyenne police chief's alma mater) operated illegally. In Mississippi. They never had authority to "grant" degrees. And Bob owns one.

Others, like KW-U and WNU, did have state sanctioning and approval to sell degrees that are becoming more valueless by the day. By the moment. For a very long time, "students" got away with claiming such a college "degree" because employers and others were unfamiliar with just what these businesses, authorized and encouraged by states like Wyoming, really were. Most assumed, because Wyoming claimed some oversight and sold them a license to operate as a "private postsecondary degree granting institution," that Wyoming would insure that scammers did not prey on unknowing and vulnerable "students" from faraway states and foreign countries.

But Wyoming not only didn't protect these people, our elected officials and Department of Education employees aided and abetted the degree sellers. Now, our people will claim ignorance. They knew all along what they were doing. Shame!

<p>2309 E. 11th Street</p> <p>This home has the walls completely reinsulated, with R-50 insulation in the ceiling. Has new copper piping for your water and a new hot water heater. Roof has new Heritage shingles and the heat in each room is individually controlled. Home also has a 50% basement which could be used for storage or an individual private room for you. Also, there is a new concrete slab that has just been poured - great for a 2-car garage. Seller will finish the garage including electric installation for an additional \$10,000. This includes a 16' garage door - ready for you to drive in. With interest rates low, this is much cheaper than rent!</p>	<p>\$89,900</p> 
<p>wesellcheyennehomes.com</p> <p>802 E. Lincolnway -- 634-2997</p> <p>Cheyenne, Wyoming</p> <p>Assist 2 Sell</p> <p>"Full Service with Savings!"</p>	

Herald -- n. An officer whose business was to proclaim war ... He was invested with a sacred and inviolable character. A proclaimer; one who publishes or announces; A forerunner; a precursor; a harbinger. v. To introduce, or give tidings of ... To proclaim, to announce, to foretell, to usher in.